

Bobcat Bits

Winter School Activity Honors

Western Trail Conference

Lauren Gasseling-All Conference Girls Basketball
Casey Lashley-All Conference Boys Basketball
Luke Cullan-Honorable Mention Boys Basketball
Brian Turek-Honorable Mention Boys Basketball
Alex Neeffe – 170 All Conference Wrestling
Cade Payne-220 All Conference Wrestling
Luke Honstein-138 All Conference Wrestling Honorable Mention
Isiah Bryner-145 All Conference Wrestling Honorable Mention
Tyler Coleman-152 All Conference Wrestling Honorable Mention
Jake Sellman- 195 All Conference Wrestling Honorable Mention



Panhandle Conference Basketball

Lauren Gasseling-First Team Girls Basketball
Makenzy Chancellor-Honorable Mention Girls Basketball
Casey Lashley-First Team Boys Basketball
Luke Cullan-Second Team Boys Basketball
Brian Turek-Second Team Boys Basketball
Aaron Farritor-Honorable Mention Boys Basketball
Alex Plog- Honorable Mention Boys Basketball

Panhandle Conference Wrestling

Tayson Ernesti-106
Justin Davis-126
Carter Buccheit-132
Isaiah Bryner-145
Alex Neeffe-170
Jake Sellman-195
Cade Payne-220
Boston Goodsell-285



SPECIAL POINTS OF INTEREST

- Activity Honors
- Mr. Kluver
- Mr. Arneson
- Elliott Scholarship Awards
- 4th Grade Famous Nebraskan Night
- National Honor Society
- Counselors Corner
- Senior 2019
- Swim Team
- Friday Bake Sale
- Honor Roll—Elementary & High School
- Nutrition Nuggets
- Menus
- Activity Calendar

MR. KLUVER– HIGH SCHOOL PRINCIPAL



As I sit in my office typing this newsletter, the April showers have already begun and we are still in March. This late fall and early spring have brought many challenging weather occurrences and unfortunately they are calling for more. If we all stick together we can work through any scenarios that might come up. Keep us informed if you need assistance.

The calendar and schedule for classes have been finalized and student schedules are starting to be developed. Students have received their papers for schedule requests and we will be inputting those into the computer in the next week or so. Parents should have seen these and signed them prior to your student filling out the computer form.

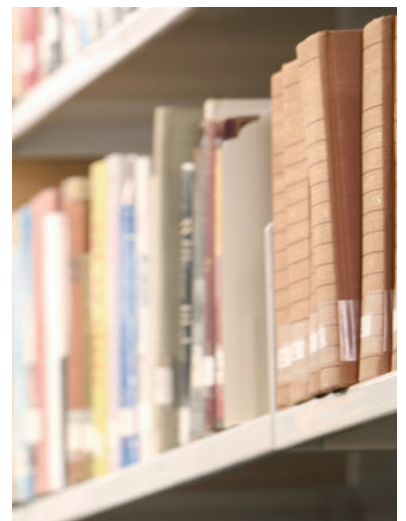
Attendance is vital this time of year; please be mindful while scheduling appointments and extra activities for your students during the

school day. It is also helpful and appreciated if a call to the high school office is made BEFORE the scheduled absence of your student(s). It will save you time if the office has been notified prior to your arrival for pick up.

State testing is on the forefront in April with the ACT test for ALL JUNIORS except foreign exchange students on April 2nd, 2019. The students will be testing in the East (Big) Gym in the morning starting at 8:00 am. Juniors that are testing will be released for the day following lunch, approximately 2 pm, which will be provided for them in the Gym. State mandated testing, (NSCAS - Nebraska Student-Centered Assessment System) have scheduled English (7th & 8th) from April 2-4, Math (7th & 8th) from April 9-11, and Science (8th only) on April 16. Students who are absent during these times will be making them up before the end of the school year. It is really important that students get adequate rest, eat a healthy breakfast to get the brain going, and attend school on those days. Parents/guardians we could use your help with this.

Spring sports have also begun with Track and Golf. Please remind your students that they know when they are going to be missing classes, that it is their responsibility to get missing work done ahead of time when possible and turned in as soon as they return. The spring semester is one of the toughest ones to stay focused, not only for students, but teachers as well. We all have to work hard to finish out the year right.

ACT[®]





2018-2019 HEMINGFORD SCHOLARSHIP FOUNDATION AWARDS ANNOUNCED

Fifteen deserving graduates of Hemingford High School were the latest in a long line of HHS alumni to benefit from the Hemingford-Elliott Scholarship Foundation, when they were awarded 2018-2019 undergraduate or Post Graduate scholarships during July.

Award winners include: Carli Cullan, Abigail Elder, Hannah Fessler, Colt Foster, Natalie Gasseling, Blake Hansen, Emily Hansen, Jacob Horstman, Lee Jespersion, Kaitlyn Kumpf, Cody Laursen, Jonathan Mayer, Taylee Neefe, Denton Payne and Matthew Wood. The individual scholarship amounts ranged from \$3,863 to \$2,045. Checks are sent to colleges and universities that the students are attending, one half each semester.

Colt Foster was selected as the recipient of the Alliance Ag Committee Scholarship during the selection process.

Three more deserving graduates of Hemingford High School were selected in a long line of HHS alumni to benefit from the Hemingford-Elliott Scholarship Foundation, when they were awarded Spring 2019 undergraduate or Post Graduate scholarships during February.

Award winners include: Hadley Elder, Kelli Horstman and Ezra Ray. The individual scholarship amounts ranged from \$1,365 to \$1,820. Checks are sent to colleges and universities that the students are attending second semester.

MR. ARNESON-ELEMENTARY PRINCIPAL

Spring is getting closer and with that state testing. We started the Nebraska Student-Centered Assessment System (NSCAS) test this last week and will continue through the next couple. This isn't a test the students can study for, but they can prepare by getting a good night's rest and eating breakfast before taking their tests.

With the large amount of snow we received over spring break, our elementary playground is quite wet. I'm encouraging parents to have students bring an extra change of clothes incase of slips and falls because it is no fun being wet all day. Our nurse can lend out clothes if needed, however, the correct size is not always available. If you have some elementary student sized clothes that you would like to donate, you can send them to school!

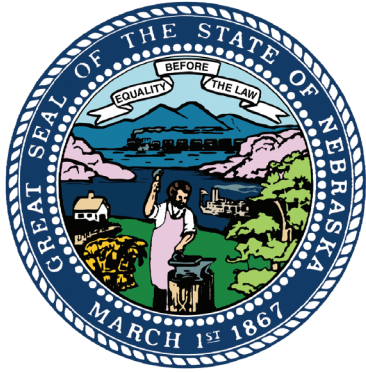
Upcoming Dates of Importance:

Kindergarten Roundup is on April 11 at 5:30.

We have a break from April 19 through the 22nd.



FAMOUS NEBRASKAN NIGHT



Come and support the 4th graders as they present their speeches on their famous Nebraskans. Learn about Tom Osborn, George Norris, Standing Bear and much more. Refreshments and treats will be provided. It will be a night you won't want to miss.

When: Monday, April 15th

Where: St. Bridget's Catholic Hall

Time: 5:30 P.M.-7:00





HONOR SOCIETY

National Honor Society News

2018/2019 NHS Members to Host Junior High Dance!

On Friday, April 12, 2019, current NHS members will be hosting a junior high dance! The event will kick off at 8:00 p.m. in the little gym and will end at 11:00 p.m. Admission to the dance will be \$3.00/single or \$5.00/couple. Refreshments will be provided to all who attend! All questions pertaining to the dance may be directed to any current NHS member or to Mrs. Raben.

2019/2020 NHS Members and 2019 Graduating Seniors

Qualified Sophomores and Juniors were recently invited to apply for membership in our local chapter of NHS for the 2019/2020 school year. The candidates who scored 45-60 points on the faculty committee rubric include Danae Hanson, Jack Payne, Katelyn Varner, Rachel Schekall, Kenneth Wyland, John Ansley, and Jayce Meyring. Congratulations to our soon-to-be-inducted new members!

We will have a ceremony honoring graduating seniors and inducting new members on Monday, April 29, 2019 at 6:30 p.m. in the Red Zone. Graduating senior members to be honored include Kobe Coryell, Luke Cullan, Kaitlyn Messersmith, Lauren Gasseling, Cade Payne, Josie Stewart, Mackenzie Glendy, and Jacobi Stumpff. Congratulations to our seniors and newest members!

Bridget A. Raben
NHS Sponsor/English Language Arts Teacher
braben@gubn.org



COUNSELOR'S

OR N E R

Seniors ... it's decision time!

Attention seniors: Now that you have been accepted by the colleges that you have applied to, it's time to make the big college decision and determine where you'll spend the next 4-5 years of your life!

As you make your decision, have a heart-to-heart talk with your parents to make sure you pick your college for the right reasons, not because it's where your friends - or your girlfriend or boyfriend - are going. Talk about:

Location. Is the college too close? If you come home every weekend, you won't experience true campus life. Is the college too far away? If travel costs are prohibitive, you may not make it home as often as you'd like.

Cost. Can your family afford the school? What can you expect for financial aid beyond the freshman year? Did you receive renewable scholarships?

Academic program. Does the college offer the program that interests you? What happens if you change majors—does the college offer other programs of interest?

Juniors – Juniors need to attend the different college representatives meetings that are being held in the counselor's office. Are you asking the college representatives about the high school requirements that the college expects you to have to get into their college? Are you thinking about the classes you will need to register for next year?

The next test date for the ACT is April 13. Registration date was March 8.

If your child wants to take the ACT in the summer they need to be registered by May 3. Test date is June 8. It is only given one time during the summer.

I will be working with the 3 – 6 graders during the month of April. In the 3rd, 4th, and 5th grade we will be working on problem solving. 6th grade will be working with a new curriculum call "Beat the Odds" and registering for classes for the next school year.

Kindergarten roundup is April 11th. I am looking forward to meeting all the new smiling faces.

At the end of the day, the most overwhelming key to a child's success is the positive reinforcement of parents.

Jane D. Hull



Seniors 2019

SENIORS: Please remember to get your senior pictures and baby pictures into Kay Horstman BY April 15 or before. Please supply pictures for these 6 areas:

1. A picture *scanned* for the yearbook
2. A picture *scanned* and used for newspaper ads
3. A picture *scanned* for the senior video
4. A picture *scanned* for the senior composite. Head and shoulders. Portrait layout. This can be emailed to me by your photographer.
5. A baby picture *scanned* for the yearbook.
6. Slide show pictures from birth to senior year. You will have approx. 30 seconds for your personal section. Feel free to bring in group photos as well! It would be preferred that the pictures are saved to a thumb drive, emailed, or saved on a google drive.

It is entirely up to you whether or not you use the same picture or a different one for each scenario. I just need to have this in ASAP!!! Thanks for your support.

Parents of seniors (and others who love them!)

Your opportunity to give tribute to a graduating senior is near. Now is your chance to not only support your local yearbook, but to also purchase an ad in regards to a senior. These are called PDA ads. (Public Display of Affection.) The cost ranges from:

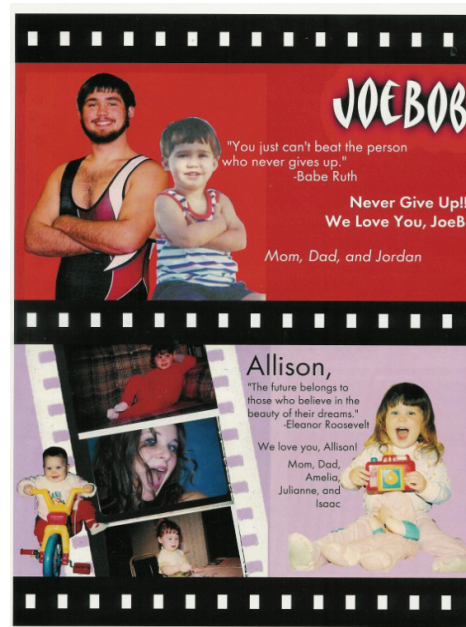
\$50.00 for a 1/4 page ad

\$100.00 for a 1/2 page ad

Past examples included pictures of their youth, now, and a poem or special message. Basically it is anything you wish to use that will show a tribute to a graduate.

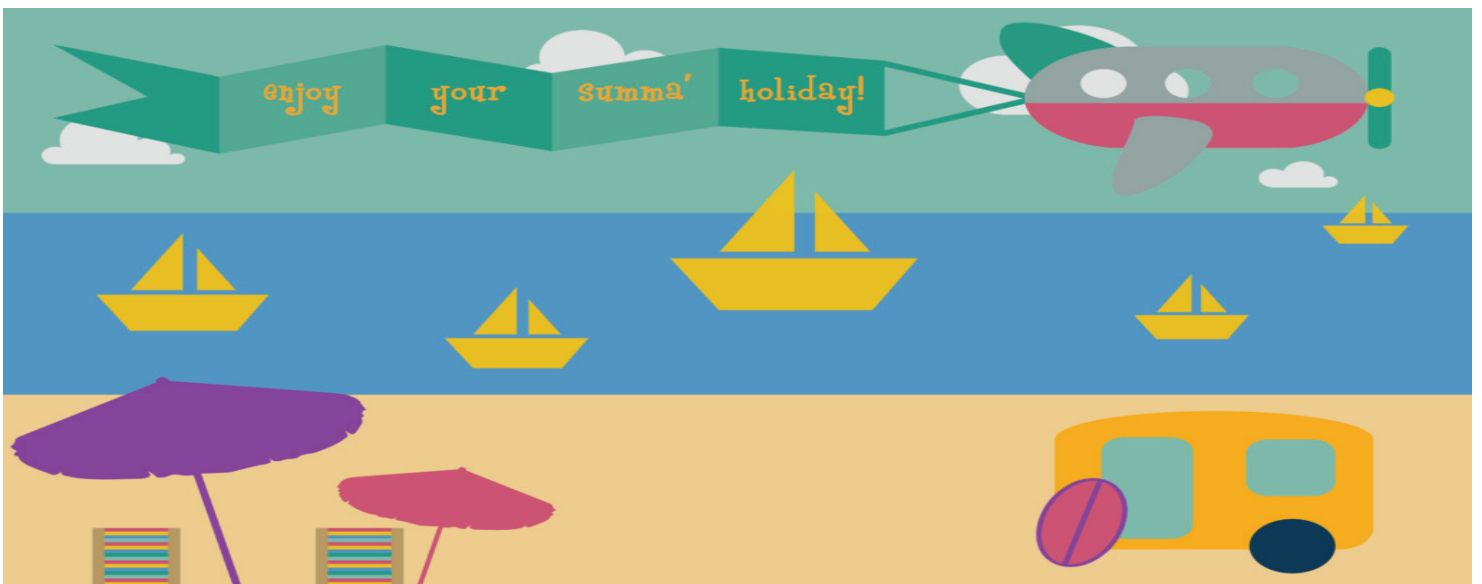
Deadline for placing a PDA ad is April 23.

Please call 487-3328 and ask to Kay Horstman for any questions.





Hemingford Swim Team
Sign Ups
7-18 yrs. old
Saturday April 27th
9-11 am
Mobius Building





STATE FCCLA

FRIDAY BAKE SALE

a fund-raiser for State FCCLA.
Help support our team!

- No-bake Cookies...2 for \$1
- Cupcakes.....\$2
- Brownies.....\$1
- Cookies.....2 for \$1



**MARCH 22, 29,
APRIL 5 2019**

Red Zone

Bus bell-2:30



Elementary Honor Roll-3rd Quarter



Quarter 3 Elementary Honor Roll

Student Name	Grade Level	Level
Cody Galles	6	Distinguished List
Kyra Jespersen	6	Distinguished List
Seth Meyring	6	Distinguished List
Abigail Rutkowski	6	Distinguished List
Tayten Haas	5	Distinguished List
Dakota Horstman	5	Distinguished List
Daniel Kluver	5	Distinguished List
Karly Ragsdale	4	Distinguished List
Gavin Bell	6	Honors List
Boady Hunter	6	Honors List
Madelyn Radspinner	6	Honors List
Anjelina Soto	6	Honors List
Jacob Bryner	5	Honors List
Clayton Butler	5	Honors List
Sophia Hruby	5	Honors List
Grace Lilley-Gitch	5	Honors List
Cody Penaluna	5	Honors List
Cayden Peterson	5	Honors List
Brenna Schumacher	5	Honors List
Gattlen Bell	4	Honors List
Austin Benda	4	Honors List
Tehya Buser	4	Honors List
Jacob Garner	4	Honors List
Anthony Haas	4	Honors List
Carson Haas	4	Honors List
Emma Hitchcock	4	Honors List
Bethany Kresl	4	Honors List
Luke Laws	4	Honors List
John Radspinner	4	Honors List
Terrell Ramos	4	Honors List
Lucas Sulzbach	4	Honors List
Taylor Swanson	4	Honors List
Isabella Tallon	4	Honors List
Teagen Thompson	4	Honors List
Distinguished--all A's		
Honors--all A's or B's @ least 90%		



Quarter 3 High School Honor Roll		
Student Name	Grade Level	Level
Gasseling, Lauren J	12	Distinguished List
Stewart, Josie J	12	Distinguished List
Hanson, Rebecca J	11	Distinguished List
Stumpff, Jace R	11	Distinguished List
Wyland, Kenneth T	10	Distinguished List
Stallings, Arielle A	8	Distinguished List
Benda, Aiden W.E.	7	Distinguished List
Kresl, Carlye A	7	Distinguished List
Soecht, Breana D	7	Distinguished List
Carlson, Lilyanne F	12	Honors List
Coryell, Kobe J	12	Honors List
Cullan, Luke C	12	Honors List
Mazanec, Mercedes K	12	Honors List
Mutchie, Ashley R	12	Honors List
Payne, Cade W	12	Honors List
Russell, Amanda M	12	Honors List
Anglesey, Melissa A	11	Honors List
Bryner, Isaiah T	11	Honors List
Buchheit, Carter S	11	Honors List
Fritzler, Kaitlyn M	11	Honors List
Gruber, Samuel	11	Honors List
Jespersen, Storm J	11	Honors List
Knote, Emily R	11	Honors List
Plog, Alexander M	11	Honors List
Stewart, Jori S	11	Honors List
Hanson, Danae J	10	Honors List
Jespersen, Rayne J	10	Honors List
Knote, Sara C	10	Honors List
Neefe, Alex N	10	Honors List
Nelson, Landrie S	10	Honors List
Payne, Jack A	10	Honors List
Rozmiarek, Zachary A	10	Honors List
Varner, Katelyn N	10	Honors List
Walker, Kyla L	10	Honors List
Distinguished--all A's		
Honors--all A's or B's @ least 90%		

Quarter 3 High School Honor Roll		
Student Name	Grade Level	Level
Woodbeck, Mariha R	10	Honors List
Hanson, Destiny R	9	Honors List
Specht, Ethan C	9	Honors List
Turek, Alysen K	9	Honors List
Bryner, Catherine M	8	Honors List
Meyring, Jayda A	8	Honors List
Wright, Rylie B	8	Honors List
Wyland, Hunter J	8	Honors List
Carlson, Petar E	7	Honors List
Garner, Lauren A	7	Honors List
Gomez, Isabell D	7	Honors List
Kumpf, Mikayla E	7	Honors List
Meek, Madisen L	7	Honors List
Plog, Ethan T	7	Honors List
Powell, Dax O	7	Honors List
Varner, Drew T	7	Honors List
Distinguished--all A's		
Honors--all A's or B's @ least 90%	Honors--all A's or B's @ least 90%	



COMMUNICATION SOURCES

HEMINGFORD PUBLIC SCHOOLS

Our mission at Hemingford Public Schools is to cooperatively work with the community to provide our youth a safe and healthy learning environment for all students. Our school district and staff are committed to provide and promote opportunities for high academic achievement, capitalizing on student career interests and aptitudes, with a purpose to encourage student involvement and accomplishments in order to prepare accountable, responsible, self-disciplined, successful citizens in an ever-changing, global society.

Charles Isom, Superintendent
Mr. Daniel Kluver, High School Principal
Mr. Eric Arneson, Elementary Principal
Mrs. Mandy Plog, Special Education Director

PO Box 217
911 Niobrara Avenue
Hemingford NE 69348

Phone: 308-487-3328 High School
Phone: 308-487-3330 Elementary
Fax: 308-487-5215



In an effort to maintain all possible communication links, Hemingford Public Schools will offer numerous ways for parents, students, community members and all other interested citizens to stay abreast of happenings at the schools. Some ways to communicate are: Hemingford Public Schools Website

<http://www.hemingfordschools.org>

Hemingford Ledger - Important information is posted in the Briefs. Sports info and other needed school info can be found here as well.

Monthly newsletter - Posted on School Way, Facebook and the School Website.

Notices sent home with students
Information sent home with reports cards.

Phone calls to students' homes when necessary.

PowerSchool for attendance, grades and other notes to students and parents found on the Hemingford Schools webpage.



INCLEMENT WEATHER

The Superintendent of schools is authorized by the Board of Education to close public schools in case of severe weather. The Superintendent's will notify local news media when inclement weather warrants such action. The **information is broadcast regularly by radio stations, (KCOW AM 1400, KQ 106 & 97.5 FM, KMOR 92.9 FM), our web site (www.hemingfordschools.org), and Mobius web site (www.bbc.net).**

SchoolWay

Notifications for inclement weather and other school news will be sent to parents by SchoolWay powered by Jostens. SchoolWay is a free app that is downloaded to a mobile device that will receive alerts sent out by the school. To get the app go to myschoolway.com. Enter the WayCode **rg464h**.

School notifications will also will be posted through the school Facebook, website and local radio stations. If you have any questions please contact school at 487-3330.

EQUAL OPPORTUNITY

Hemingford Public School District #10 will not discriminate on the basis of race, color, national origin, religion, sex, disability, or marital status in admission or access to, or treatment or employment in its programs and activities

Web-Email Lunch Account System

Access your current account information online-at www.hemingford schools.org and click the button on the right labeled "What's for Lunch".

Nutrition Nuggets

Food and Fitness for a Healthy Child

April 2019

Hemingford Public Schools



BEST BITES

Healthy fats

What do avocados have in common with tuna? Both contain healthy fats that your child's body needs. These unsaturated fats, also found in olive oil, walnuts, and sunflower seeds, give her energy and help her absorb vitamins A, D, E, and K. Plus, they keep her full longer, which may prevent overeating.

Paper airplane contest

Throwing paper airplanes—and running to retrieve them—will get your family's hearts pumping. Let each

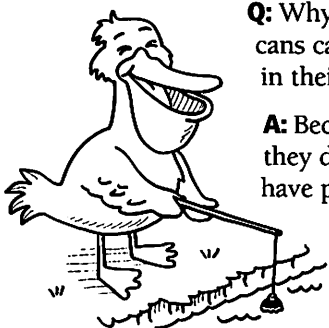


person fold sheets of paper into planes, then go outside and see whose flies the farthest. Your youngster can run to the spot where his plane lands and throw again from there.

DID YOU KNOW?

Gluten can hide in foods like rice mixes, canned soups, soy sauce, and salad dressings. If your child's doctor recommends a gluten-free diet, read food labels so your youngster learns what to avoid. *Idea:* Together, make a list of words to look for, like *wheat, barley, durum, semolina, and rye.*

Just for fun



Q: Why do pelicans carry fish in their beaks?

A: Because they don't have pockets!

From apricots to zucchini

Do fruits and vegetables come in every color? Does the name of any produce start with Q? Motivate your youngster to learn about fruits and veggies—and eat more of them—with these fun activities.

Rainbow book

Different colors mean different nutrients—that's why it's important to eat a "rainbow." Have your child make a book of the produce he eats. Help him staple together red, orange, yellow, green, blue, and purple construction paper. Each time he eats a fruit or veggie, he can draw or glue a picture on the page matching its color. After a week, he'll have a record of the rainbow he ate!

Produce trading cards

Encourage your youngster to experiment with produce prepared in different ways by making trading cards. A sweet potato card might say, "Delicious with: Baked apples and cinnamon. Also seen: Standing in for french fries." Let him



help you plan meals by drawing a card and deciding how tonight's vegetable should be cooked.

Memory game

This game introduces new produce for your child to try. One player says, "I'm going to the store for *apricots*" (or any fruit or vegetable starting with A). The next person adds a B food: "I'm going to the store for *apricots and broccoli*." Continue until you get to Z. (Look online if you get stuck.) Now, put a few new items on your grocery list. ●

March to the beat

Let your child invite her friends over to play marching band. They can whip up homemade instruments and set a workout to music with these ideas.

Instruments

• **Trumpet:** Blow through an empty paper towel tube.

• **Drum:** Turn a metal pot upside down, and bang on it with a wooden spoon.



• **Tambourine:** Fill a paper plate with dry beans. Staple a second plate on top, and shake.

Marches

• **Shapes:** Spread out to form a large triangle, and march toward the center to create a small one. Repeat with squares and circles.

• **Flock:** March in a "V" formation—like a flock of birds.

• **Single file:** Have the drummer lead the way. Trade instruments (and leaders). ●

Know the right portion size

Keeping portion sizes reasonable will help your child maintain a healthy weight. Guide her with these tips.

Look at your hand. Your child can use her hand to estimate healthy portions. Her palm is about the portion size for lean meat like chicken or fish. A serving of whole grains (rice, pasta) is roughly equal to the size of her fist. Whatever fits in her cupped hand is a good rule of thumb for snacks.



Downsize. Eat on salad plates, and serve soup in a teacup. Your youngster will naturally take smaller portions. Or consider making sliders rather than full-size burgers and choosing taco-size tortillas (not those labeled “burrito” or “fajita”).

Listen to body cues. Talk to your youngster about what it feels like to be hungry, full, or too full. If she

hasn't eaten in a while, her stomach might growl and she could get cranky. When she's comfortably full, she'll be satisfied but not stuffed. And if she eats too much, she may feel bloated or get a tummy ache. She'll learn to read her body's cues and be more likely to watch portion sizes. ♡

ACTIVITY CORNER

Garden-themed yoga

Use nature to inspire your youngster's fitness with a “garden yoga” session that boosts his strength and flexibility. Try these poses together.

1. Seedling: Curl up, and pretend to be a freshly planted seed. Sit on your heels, and bring your forehead toward the floor. Reach back, resting the tops of your hands on the floor beside your feet.

2. Flower: Stand straight and tall. Bend your left knee, putting the bottom of your foot on the inside of your right leg, just below or just above your knee. Reach toward the sky with your arms. Switch legs, and repeat.



3. Butterfly: Sit up straight, placing the soles of your feet together. Pretend your legs are butterfly wings, and flap them slowly up and down. ♡

OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-5052 • rfeustomer@wolterskluwer.com
www.rfeonline.com

Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.

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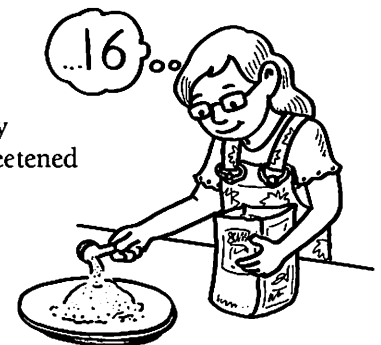
Q&A How much sugar is in that?

Q: I'd like to cut down on the sugar my daughter consumes. Where should I start?

A: Limiting sugar is a good idea, since it's full of empty calories and leads to cavities. You can help by encouraging your child to avoid soda and other sweetened drinks and also by shopping carefully.

Your daughter might not know how much sugar is in soda—most people don't! Here's a great way to show her: Ask her to scoop 16 tsp. of sugar onto a plate. That's the amount in a 20-oz. soda—more than 5 times the 3-tsp. daily limit for kids.

Also, sugar is added to many foods that you or your child may not think of as sweet, like pasta sauce and salad dressing. Choose varieties labeled “no added sugar,” or better yet, whip up your own. You'll find that basic recipes often take less time than running to the store. ♡

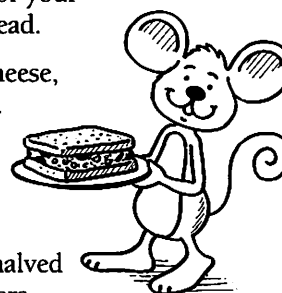


IN THE KITCHEN

Celebrate grilled cheese

April 12 is National Grilled Cheese Sandwich Day. You can enjoy healthy versions of this classic comfort food all month—and year—long. Here are combinations for your child to try on whole-grain bread.

- **Breakfast melt.** Cheddar cheese, scrambled eggs, fresh spinach.
- **Cheesy chicken.** Provolone cheese, cooked chicken, zucchini rounds.
- **Greek griller.** Feta cheese, halved black olives, roasted red peppers.



• **Cordon bleu.** Swiss cheese, lean ham, arugula.

• **Apple pie.** Brie, thin apple slices, a sprinkle of cinnamon.

To grill, place sandwiches (lightly buttered on the outsides) in a skillet over medium heat. Cook, pressing down on the sandwich with a spatula, until the bottom is golden brown. Flip, and cook until the cheese melts. ♡



Multi-tiered System of Support to prepare all Nebraskans for
Learning, Earning, and Living

NeMTSS Newsletter

February, 2019

IN THIS ISSUE: NEMTSS
WINTER, 2019 UPDATE

The purpose of this NeMTSS Newsletter is to keep all Nebraska Educators and Stakeholders informed of the work and progress of identified development teams and alignment efforts related to Multi-tiered Systems of Support in Nebraska.

Why NeMTSS?

Research:

Researcher **John Hattie** organized 252 educational influences in different meta-analyses according to their effect size. In his work, he ranked influences that are related to learning outcomes from very positive effects to very negative effects. Hattie found that the average effect size of all the influences he studied was 0.40. Therefore; he decided to judge the success of influences relative to this 'hinge point', in order to find an answer to the question "What works best in education?"

Through this synthesis, a deeply implemented RtI/MTSS was found to have an effect size of 1.29, which is significant in indicating that a **Multi-tiered System of Support for ALL learners** improves outcomes for student populations. Also notable was **Teacher Efficacy**, ranked number one with an

effect size of 1.57...**TEACHERS MATTER!**

Legislation:

Two laws were recently passed in Nebraska placing emphasis on improved reading outcomes for students. **LB 1081**, also known as the Nebraska Reading Improvement Act, and **LB 1052** mandating improved efforts to identify and treat students with Dyslexia, both emphasize the importance of a solid core reading program, screeners to identify those who are at risk, and individual problem solving through evidence-based practices. Such legislation and improvement efforts are naturally supported through NeMTSS.

2018-19 NeMTSS Goals:

The following priorities were determined by the NeMTSS Builders' Team made up of stakeholders from across Nebraska.

Awareness – Disseminate NeMTSS Framework Document across the state; Plan NeMTSS Summit for 2019

Partnerships– NDE, District, and ESU collaboration around NeMTSS

Implementation Supports – Tiered Training, Coaching Model, and Academic/Behavior Models

Quality and Quantity of NeMTSS Resources – Instructional videos of NeMTSS Summit Break-out sessions, Exemplar District Examples, Co-developed Training Modules

NeMTSS Support Documents and Guidance – Guidance for Non-Public Schools, Fiscal and Funding Recommendations

Review of 2018-19 Progress: Awareness

To date, 175 districts have participated in some level of training through the Nebraska Department of Education NeMTSS implementation support structure. While learning about resources, schools unpack the **NeMTSS Framework Document** found on the home page of the NeMTSS website located at www.NeMTSS.UNL.edu.

Additionally, the 2019 NeMTSS Summit has been scheduled for September 4, 5, and 6 at the Younes Conference Center in Kearney, Nebraska. **SAVE THE DATE!**

Partnerships

Since 2004, the **University of Nebraska, Lincoln** has been an invaluable partner. Supported by an NDE grant, UNL has, and continues to provide

best practice research, initially around RtI and continued through the progression of MTSS. Under the direction of Dr. Amanda Witte, graduate research assistants are investigating evidence-based instruction and interventions across academic content, as well as social emotional learning and behavior. This research will help schools to identify practices most likely to improve the achievement of all students in Nebraska schools.

Partnership with the **University of Nebraska-Omaha** through the work of Dr. Brian McKevitt has also contributed to the forward progression of NeMTSS. While involved with crafting the technical guidance around using an MTSS model for learning disability identification, Dr. McKevitt continues to train school psychologists in a problem-solving model so that their expertise may be best utilized by the schools they serve.

Nebraska's **Educational Service Units** remain essential partners as they further develop professional learning around all tiers of the instructional continuum. From ESU/PDO work groups to content module development to hands-on support for schools, our ESUs are the conduit for improved teaching and learning in Nebraska

team members also develop and disseminate guidance documents and tools for schools to use for high quality implementation.

Current members of the NeMTSS Implementation Team include Lynette Block, Andrea Boden, Jane Byers, Anna Eckhoff, Mary Jo McElhose, Anne Oeth and Loretta Tabor.

NDE is excited to announce that three **Regional Coordinators (partnerships with ESUs)** and two **Implementation Specialists (UNL)** will be added to the NeMTSS team to support the increasing number of schools adopting an MTSS Framework for improvement. **Watch for job postings soon.**

NeMTSS Resources

As many are aware, the NeMTSS website was launched in September of 2018, and is improved regularly. Resources have been added and a word-search feature has improved usability. Feedback is always welcome, and evidence-based resources are added weekly. If you have something to add or feedback to offer, please contact us through the website.

A new calendar feature was also added and includes all NeMTSS happenings past, present and future.

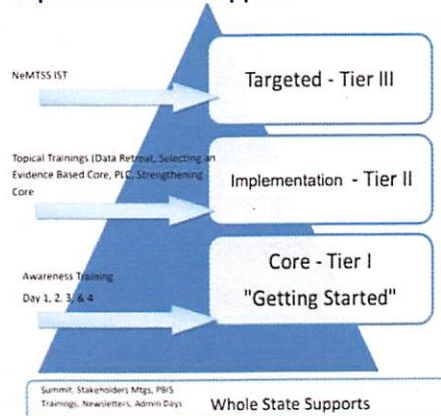
Work will begin soon on a clarification document focused on NeMTSS and funding sources. It is anticipated that this work will be completed by summer, 2019.

UPCOMING EVENTS:

Save the Date for 2019 NeMTSS Summit scheduled for September 4,5, and 6 at the Younes Conference Center in Kearney. The conference will be divided into strands appropriate for schools just starting out to those who have a more deeply implemented MTSS process.

Checkout the NeMTSS Website Calendar for the latest updates, activities and Professional Learning.

Implementation Supports



In a tiered fashion, the NeMTSS Implementation Team develops and provides a series of statewide professional learning sessions for schools building multi-tiered models of prevention and intervention. This includes basic systems awareness facilitation and regular on-site technical assistance to schools in need of more guidance. Training may occur alongside Service Unit opportunities, or directly with school districts. Implementation



Visit the NeMTSS site at www.NeMTSS.UNL.edu

Support Documents:

In support of Non-Public Schools, a team including nonpublic representation has begun to address NeMTSS best practices applicable to students enrolled in private schools or those that are homeschooled. It is anticipated that a related guidance document will be ready for distribution and training by April of 2019.

A Q and A document is also being developed by school psychologists and focuses on issues around the use of the NeMTSS process for the identification of Specific Learning Disabilities.

**NeMTSS
Newsletter,
Issue #5**

For further information, contact:
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Newsletter prepared by Jane Byers,
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Jbyers824@gmail.com

Hemingford Public School District #10

<div style="display: flex; justify-content: space-around; align-items: center;"> April ▼ 2019 ▼ </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Red Day	2 ACT - All Juniors White Day	3 FFA State Convention Red Day	4 White Day Track @ Mitchell Invite	5 Red Day	6 JHTrack PROM
7 FCCLA State Leadership Conference @ Lincoln	8 White Day JHTrack @ Bayard Invite FCCLA State Leadership Conference @ Lincoln	9 Red Day FCCLA State Leadership Conference @ Lincoln	10 White Day	11 ● 5:30pm: Kindergar Roundup Red Day Golf @ Bridgeport Invite ● 7:00pm: School Board Meeting	12 White Day Chadron State Scholastic Contest	13 Track @ Western Trails Conference @ Bayard
14	15 ● 5:30pm: Famous Nebraskans Night Red Day	16 ● 2:45pm: Big Brother/Big Sister Dental Care Day- Grades K-6 White Day Golf @ Morrill Invite	17 Red Day	18 White Day Golf @ Alliance Invite Track @ Chadron Invite JHTrack @ Kimball Invite	19 * Easter Break/No School	20
21	22 Easter Break/No School	23 Red Day Track @ Best of the West @ Scottsbluff	24 White Day	25 Red Day Golf @ Chadron Invite	26 White Day Track @ Panhandle Conference @ Morrill JHTrack @ Panhandle Conference @ Morrill	27 Golf @ Western Trails Conference @ Bayard
28	29 Red Day ● 6:30pm: National Honor Society Induction ● 7:00pm: FCCLA Chapter Meeting	30 White Day Golf @ Panhandle Conference @ Crawford JHTrack @ Morrill Invite				

* = Event displays only on this view

Hemingford Public School District #10

<div style="display: flex; justify-content: center; gap: 20px;"> May ▾ 2019 ▾ </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Red Day	2 White Day Golf @ Kimball Invite	3 FFA Meeting Red Day Track @ Bayard B-C-D Invite	4 JHTrack @ Western Trails Conference @ Sidney
5	6 White Day ● 6:00pm: FCCLA Awards Celebration	7 Red Day Golf @ Bayard Invite	8 Senior Last Day White Day Walk/Bike to School Day	9 Red Day Golf @ Crawford Invite Track @ Districts - TBD	10 White Day	11 ● 2:00pm: 2019 Graduation
12	13 Red Day Golf @ Districts - TBD ● 7:00pm: School Board Meeting	14 ● 8:30am: Third Grade Field Trip to the State Patrol White Day Golf @ Districts - TBD	15 Red Day	16 ● 8:30am: Second Grade Field Trip to Hot Springs Mammoth Site ● 9:00am: 3rd through 6th Grade Track Meet ● 9:00am: K through 2nd grade Field Day White Day	17 Red Day Track @ State - Omaha	18 Track @ State - Omaha
19	20 White Day	21 End of 4th Quarter/2nd Semester Red Day Golf @ State - TBD	22 Golf @ State - TBD	23	24	25
26	27	28	29	30	31	

* = Event displays only on this view

Hemingford Public School District #10

913 Niobrara
 PO Box 217
 Hemingford, NE 69348
 p. 308.487.3328
 f. 308.487.5215



Hemingford Public Schools Breakfast Menu

April 2019

Milk is served with all meals. Alternative either hot or cold cereal offered every day.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Sandwich or Cold Cereal Fruit/Juice	2 Omelet/Toast Or PBJ Fruit/Juice	3 Waffles N' Strawberries or Oatmeal Fruit/Juice	4 French Toast Sausage Links Or PBJ Fruit/Juice	5 Breakfast Pizza Or Cold Cereal Fruit/Juice
8 Biscuits & Sausage Gravy Or Cold Cereal Fruit/Juice	9 Scrambled Eggs Muffins or PBJ Fruit/Juice	10 Pancakes Sausage Patty Or Yogurt Parfait Fruit/Juice	11 Breakfast Casserole or PBJ Fruit/Juice	12 Breakfast Burrito or Cold Cereal Fruit/Juice
15 Breakfast Sandwich or Cold Cereal Fruit/Juice	16 Omelet/Toast Or PBJ Fruit/Juice	17 Waffles N' Strawberries or Oatmeal Fruit/Juice	18 French Toast Sausage Links Or PBJ Fruit/Juice	Easter Break 
Easter Break 	23 Scrambled Eggs Muffins or PBJ Fruit/Juice	24 Pancakes Sausage Patty Or Yogurt Parfait Fruit/Juice	25 Breakfast Casserole or PBJ Fruit/Juice	26 Breakfast Burrito or Cold Cereal Fruit/Juice
29 Breakfast Sandwich or Cold Cereal Fruit/Juice	30 Omelet/Toast Or PBJ Fruit/Juice			

Menus are subject to change

USDA is an equal opportunity provider & employer.

The Hemingford Public School provides lunches in accordance with the National School Lunch Program.

The cost of a breakfast is as follows: PreK-12 - \$1.65 Adult Breakfast - \$2.15

The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7 - 12 Lunch - \$2.70 Adult Lunch - \$3.85



Hemingford Public Schools Lunch Menu

April 2019

Milk is served with all meals, Fruit/Salad/Vegetable Bar Offered Daily. Each child is required to have ½ cup Fruit/Vegetable. 7-12 may order a pre-made chef salad as their main entrée.

Monday	Tuesday	Wednesday	Thursday	Friday
1 Smoked Turkey Sub Calico Beans	2 Tater Tot Casserole Dinner Roll	3 Chicken Bacon Ranch Flatbread Candied Carrot	4 Breaded Pork Fritter Mashed Potato Gravy Dinner Roll	5 Lasagna Roll Ups Green Beans Breadstick
8 Philly Steak on Hoagie Corn	9 Chicken Cheese Quesadilla Mixed Veggies	10 Hamburgers Baked Beans	11 Chicken Noodles Mashed Potato Dinner Roll	12 Cheese Pizza Carrots/Celery Cookie
15 Pulled Pork on Bun Green Beans	16 Orange Chicken over Rice Egg Roll	17 Chicken Fried Steak Mashed Potato Gravy Dinner Roll	18 Crispito/Cheese Corn Easter Cookie	Easter Break 
Easter Break 	23 Chicken Strips Cheesey Broccoli Rice Dinner Roll	24 Spaghetti Peas Breadstick	25 Ham Scalloped Potatoes Green Beans Dinner Roll	26 Tacos Refried Beans Zucchini Bars
29 Ready Rib Subs Corn	30 Salisbury Steak Mashed Potato Gravy Dinner Roll			

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The cost of a lunch is as follows: PreK - \$2.15 K-6th - \$2.40 7-12 Lunch - \$2.70 Adult Lunch - \$3.85